Dibber

Parent Handbook

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A heartfelt Welcome to Dibber!

We are truly delighted that you have chosen to be a part of our community and establishment for the upcoming academic year.

Thank you for choosing Dibber to be part of your child's early years journey.

We know this is an important decision, and we are delighted by the trust you have placed in us. Our caring team looks forward to getting to know your family, supporting your child's growth and development, and creating a safe, happy, and inspiring environment where they can learn, explore, and thrive every day.

The Dibber Team

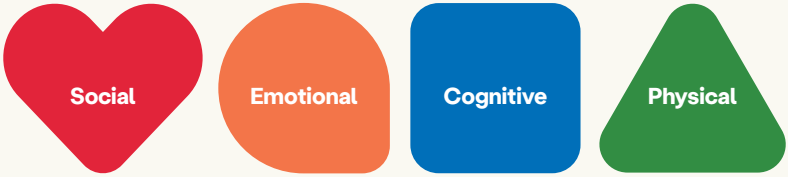
Dibber Childhood©

Our World-Class Nordic Curriculum

At Dibber, we are proud of our Norwegian heritage, and we provide a globally-relevant award-winning curriculum which is based on Norway's Rammeplan for Barnehagen (Framework for Kindergarten).

- We believe that childhood is an important period of life
- Early Childhood is a complete experience where care and education are interlinked
- Every child is unique and valuable and are respected as individuals
- Children can acquire a sense of mastery in their learning and in daily practical tasks

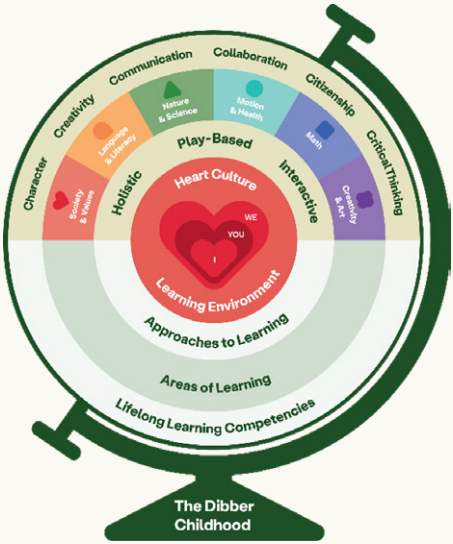
We promote the **4 pillars of child development** which we incorporate in every aspect of our Pedagogy:



Our teaching philosophy relies on a warm-hearted and playful approach where the children are active participants in their own learning experiences.

Our curriculum focuses on 6 subject areas which work in a holistic approach:

1. Society and values: we learn about positive interaction, fellowship, and our roles within a society.
2. Language and literacy: we develop our communication skills and learn to work with written and spoken texts.
3. Nature and science: we inquire into natural phenomena, physical laws, and technology in our world.
4. Play and motion: we experience joy and mastery in motor skill challenges and healthy habits.
5. Math: we look into numbers and counting, shapes and sizes, sequences, and interrelationships.
6. Creativity and art: we experience the joy of being creators through fantasy, imagination, and innovation.



Our pedagogical framework is represented by the Dibber Childhood© model above. It is centered on our heart-culture and a child's ability to recognize their own potential and the one of their surrounding.

Useful Contacts

Dibber Jumeirah Golf Estates - Dubai

Nursery Landline:
04 575 3043

Nursery Manager:
Chloe Saxby
chloe.saxby@dibber.com

Admin /Registrar:
Marisse Reyes
admin.jge@dibber.com

Nurse:
Charina Costales Taoatao
clinic.jge@dibber.com

Lines of Communication

Our nursery aims to provide effective and timely communication, via different channels:

1. Calls and courtesy calls for emergencies, sensitive discussions, catch-up conversations.
2. Emails for official communications, admin-related matters, official documents.
3. Dibber App for daily updates, overview, and pictures.
4. Verbal Updates for daily updates and practical information.
5. **Term 1 and 2** parents teachers' meeting. If you want to check on your child while at the nursery please call reception for faster update.
6. **Term 3** - End of year Academic Report.

Important Policies

- Accidents and Incidents Policy
- Administration and Management of Medicine Policy
- Admission Policy
- Allergy Management Policy
- Attendance and Punctuality Policy
- Behaviour Management Policy
- Birthday Policy
- Biting in the Early Years Policy
- CCTV Policy
- Children's Sickness Policy
- Complaints and Concerns Form
- Dibber Assessments, Inclusion & Special Requirements Agreement
- Equality and Diversity Policy
- Healthy Eating Policy
- Nappy Changing & Toilet Policy
- Parent Concerns and Complaints Policy
- Settling In Policy
- The Dibber App Policy
- The Dibber Meal Policy
- Tuition Fees, Payment and Refund Policy

Before Nursery Starts

Talk to your child about the nursery, build excitement and enthusiasm, and ensure a good night's sleep before the first day.

On the first day, be positive; smile, hug your child, and hand them over to our team to create a warm, comforting atmosphere and reduce anxiety and fear.

Follow the settling in plan outlined (Refer to nursery policies for more details).

During the first week, you can reach out to the team for updates and reassurance.

For safety reasons, complete the authorized pickup form for adults other than parents. Written authorization and a copy of the guardian's ID are needed. Provide an emergency contact number for smooth communication.

What Should a Child Bring to Nursery?

Essential Items to Bring to Nursery:

When preparing your child for nursery, it is recommended to provide the following essentials to ensure their comfort and safety throughout the day:

1. A water bottle to keep your child hydrated all day (no glass).
2. Up to three sets of clothes for use when needed.
3. A bag with diapers and wipes if you wish to leave them at the nursery.
4. A pacifier or comforter if used by your child.
5. Formula milk if needed.
6. Additional milk bottles, noting that the nursery will only rinse them not fully clean them.
7. Meals dependant on your schedule; eg: AM snack, Lunch, PM snack. If not enrolled on the Dibber Meal program. Please note we do not heat or refrigerate food.
8. Ensure that no hazardous or valuable items are sent with your child or placed in their bag such as small toys, medicine, nuts, money, gold jewellery or similar items.
9. As part of our commitment to the environment we encourage parents to avoid sending single-use plastic or non-recyclable materials.
10. If someone other than the parents are collecting the child from the nursery they must inform the nursery in writing with the person's Emirates ID.

Ensure that all items brought are clearly labelled with your child's name.

Healthy Foods and Eating Habits for Children

According to KHDA, DHA and Dibber Nursery, healthy eating habits for children emphasize the importance of balanced nutrition and mindful eating in early childhood.

These habits are encouraged through the following principles:

Balanced Nutrition:
A well-balanced diet should include proteins (eggs, chicken), whole grains, fruits, vegetables, and dairy products while reducing sugar and processed foods.

Hydration:
Water is the best choice. Sugary juices and soft drinks should be avoided.

Developing Independent Eating Skills:
Children should eat according to their hunger cues, avoiding distractions during meals.

Promoting Exploration of New Foods:
Encourage children to try new foods and enjoy mealtimes with friends.

Family and Nursery Collaboration:
Providing healthy lunchbox guidelines, alternative food options for children with special dietary needs, and organizing workshops for parents to promote healthy nutrition.

Encouraging a Positive Relationship with Food:
Children should be encouraged to enjoy their meals without being forced to eat. Introducing new foods in an engaging and motivating way is essential.

ECA - Extra Curricular Activities

There's always something exciting happening at Dibber!

To help your child explore their interests and talents, we team up with amazing external experts who bring in all sorts of fun and learning—from kicking a football and making music to dancing, and even trying out martial arts!

Each nursery may offer a slightly different mix, so be sure to check with your branch to find out what awesome activities are on the calendar.

We are excited to welcome you to be a part of our **Dibber** family!

For more information, please call 800 - DIBBER (342237)

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